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# **Mental Health Planning & Advisory Council**

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**Vision**  
*Plan, Advocate, Evaluate*

**Mission**  
*To advocate for a system that supports persons  
impacted by mental disorders on their journeys  
to achieve the highest quality of life possible by  
promoting evidence-based, cost-effective,  
individualized mental health services.*

Joann Freimund, Chair  
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Olympia, WA 98502  
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Mental Health Planning and Advisory Council  
SeaTac Holiday Inn Express Hotel & Suites  
19621 International Blvd, SeaTac  
January 10, 2007, 9:30 – 3:30

## MINUTES

**PRESENT:** Cathii Nash, JoEllen Woodrow, Tom Saltrup, Caryn Horn for Annie Conant, Cheri Dolezal, Ron McCoy, Thressa Alston, Eleanor Owens, Lenora Warden, Steve Norsen, Traci Adair, BJ Cooper, Graydon Andrus, Danny Eng, Dorothy Trueblood, Diane Eschenbacher, Nanette Baker

**GUEST:** David Lord, Director, WPAS

**EXCUSED:** Joann Freimund, Roger Bauer, Barb Putnam, Becky Bates, Lou Colwell, Doug Johnson, Marie Jubie, Brett Lawton, Diana Jaden-Catori, Rick Crozier, and Cindy Ashley-Nelson

**ABSENT:** Michael Haan and Vanessa Lewis

Introductions Cathii Nash, Vice Chair

Minutes from the November 8, 2006 were approved with corrections.

### I. MHPAC BUSINESS

A. Moved that Cathii Nash, Rick Crozier and Eleanor Owen serve a second 3-year term on the Council. Motion passed unanimously.

#### B. Membership

1. Graydon Andres presented the application for Dan Clements to replace him as a homeless advocate.
2. Dorothy Trueblood proposes Mary Christie as her replacement.
3. Thressa Alston will submit the application of Joanne Groves, an Elder with the Yakima Indian Nation, as the Ethnic Minority Subcommittee Council rep.

**ACTION ITEM:** The applications will be given to the P/P Subcommittee for review and recommendation made to the Council at its next meeting.

C. REVIEW OF COUNCIL PENDING ACTION - see separate list

D. Cathii's trip to WA D.C. (Transformation Grant) & San Diego (FBG Peer Review)

1. WA D.C. --WA State had gone further with less start up in comparison to other 9 states. Texas was the only state that had consumer representation.
2. San Diego - We passed with modifications (pgs. 14-16 MHPAC Packet).
- E. Letter to LouEllen Rice (pg. 14 MHPAC packet) Executive Committee's approval of Modifications.
- F. February 14, 2007 Council Agenda & Background (pgs.18-19) MHPAC Packet) reviewed and discussed.
- G. Update on MHD's System Transformation Initiative (STI).

ACTION ITEMS: Invite Andy Toulon to a Council meeting to discuss STI. Schedule Richard Kellogg for 90 minutes at the March MHPAC Meeting to discuss STI etc.

#### H. TWG's 94 Strategies

ACTION ITEM: Due to the late receipt of the 94 Strategies, the matrix was distributed to members. Input must be given to Cathii and Joann by COB 2-17-'07 so the Executive Committee can send a letter with the Council's recommendations to the T-Grant people.

- I. New Members Handbook
  1. Executive Committee decision to distribute with the lobbying/ advocacy section deleted in the Legislative Subcommittee description. All controversial information stricken.
  2. Motion made, seconded and approved.
- J. Scheduling Pat Thibaudeau for March Council meeting. Decision was that since the Blue Ribbon Commission has completed their work and submitted their report, there is no reason to invite Pat Thibaudeau.
- K. MHPAC's Annual Project -RSN/FBG Contracts/ Council "focused population" Subcommittees.

ACTION ITEM: Mail RSN/FBG Contracts to all Council members and Subcommittee members  
COMPLETED

- II. Dr. Judy Hall's presentation on Performance Indicators will be rescheduled to the March Council meeting. Judy was unable to attend the meeting due to the bad weather.
- III. David Lord, Director, WA Protection Advocacy Service (WPAS) Presentation
  - A. Federally mandated to provide advocacy for those with disability.
  - B. WAPAS has 2 advisory councils and 17 staff who work on important legislation action and class action litigation.
  - C. Handout booklet --"writing your Mental Health Advanced Directives"
  - D. Discussed important bill on disability discrimination in the case of McClarty vs Totem Electric decision.
  - E. Later discussion: Cathii suggested that a Council member sit on the WAPAS Board and a WAPAS member sit on our Council.

IV. There were no Subcommittee reports. The P/P Subcommittee Minutes are in the January MHPAC Packet --pg 20

V. MHD Report --Steve Norsen

- A. MHD is hiring 7 new staff --1-fiscal, 1 support staff to Assistant Director, a fiscal auditor, 4 position for the quality improvement section, 2 contract monitor position, 1 incident management position and 1 licensing person
  - B. New CSTC Chief Executive Director is Rick Mehlman.
  - C. Governor's budget for MHD included medical inflation money, resources for equipment to help with lifting, CSTC safety officer, new pharmacist for state hospitals, sponsor the return for work program, increase CLIP rates, additional forensic staff, non-Medicaid cast load increase in the non-Medicaid dollars going to the community, money for MIO to fund programs not currently funded, two-million dollars for foster kids that don't meet the Access for Care Standard – money is for fee for services arrangement but no through RSNs.
  - D. Problems with staff safety at WSH Maybe Andy Phillips, CEO WSH, would be willing to talk on this at a Council meeting. There is a workplace safety report on hospital's website if interested.
  - E. Subcommittee/MHD staff support - Not resolved yet but this issue will be discussed with Richard in part of the 90 min discussion with the Council in March.
  - F. Consumer Affairs hiring - Job description is still being developed and the process is still moving along.
  - G. Other
    - 1. Discussion on how much we'll miss Wendi Gunther in fiscal when she leaves MHD especially for a timely reimbursement for the consumers.
    - 2. Diane Eschenbacher requests a cell number to call in case of an emergency to stay extra night or flights are delayed or stuck in a mountain pass.
- Nanette will forward Diane's email regarding emergent situations to Steve Norsen to address.

ADJOURN

The next MHPAC Meeting will on Wednesday, February 14, 2007 at the SeaTac Holiday Inn Express from 9:30 until 3:30.

**Please be sure to make airline travel/hotel arrangements at least two weeks ahead via email to Christina Carter at [cartecc@dshs.wa.gov](mailto:cartecc@dshs.wa.gov). Thank you for your cooperation.**